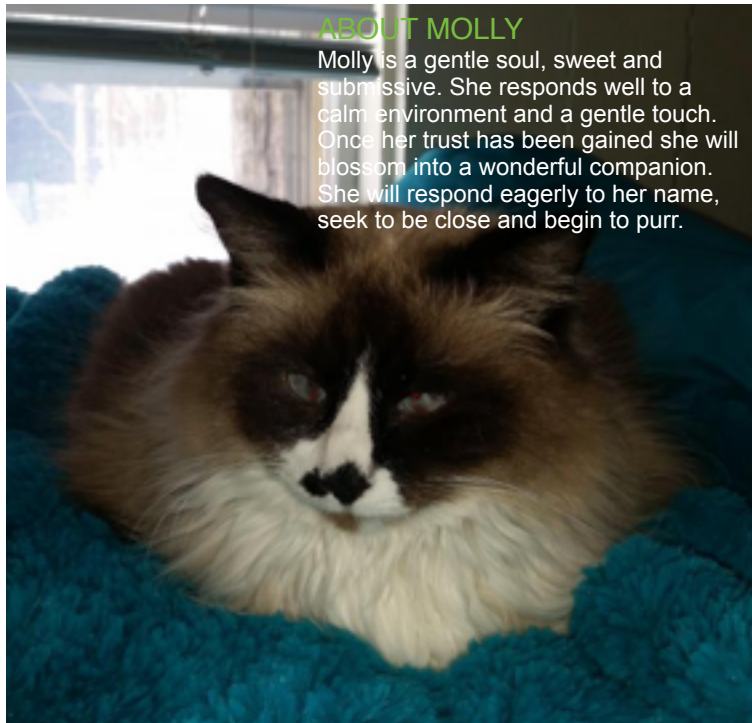


# voice for animals



## ABOUT MOLLY

Molly is a gentle soul, sweet and submissive. She responds well to a calm environment and a gentle touch. Once her trust has been gained she will blossom into a wonderful companion. She will respond eagerly to her name, seek to be close and begin to purr.

Please won't you lend your voice to this worthy cause? Together we can make a world of difference for those who depend on us; who give so much, and ask so little...

## Presidents Message

This year is flying by so quickly and here we are again in "kitten season"- not an enviable time of year. The Humane Society of the United States (HSUS) defines "kitten season" in this way.' Kitten season is the time of year when cats who can become pregnant at five months give birth, flooding animal shelters and rescue groups across the nation with homeless litters. Kitten season is really three seasons in one, starting in spring, peaking in late spring or early summer, and ending in fall. One would assume that with all of the efforts that have been made in spaying and neutering over the years that kitten season should be becoming a thing of the past but sadly this is not so. We still have such a very long way to go. For its part Voice for Animals which

has always spayed and neutered strays and ferals has now added owned animals to list. IF the guardian can demonstrate need (SSI, WIC, TANIF, etc.), we try to help. We could certainly use help in our fundraising as most of the money we take in goes for spaying and neutering. The HSUS also lists five ways you can help:

1. Spay/neuter your own cats.
2. Help your local shelter/rescue during kitten season.
3. Care for ferals in your area (and alert the rescue group with which you are affiliated to strays who have shown up in the colony-several we have encountered in feral colonies are up for adoption here.)
4. Become a foster parent. (We have one volunteer who has passed our requirements with flying colors and has become a new foster for us-but sadly we could use many more-the more foster homes we have the more animals we can rescue).
5. Open your home to another animal and adopt.

Won't you join us in becoming a Voice for Animals, an advocate for those needy animals you probably encounter far too often? They need you and we need you. There are many ways in which you can help VFA please join us today-volunteer, donate, become an advocate for the needy animals near you!  
For the animals,

Caryl McIntire Edwards

Until they speak to everyone as clearly as we hear them through our hearts, there is a great and urgent need for you to join with us in becoming a Voice for Animals.

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Saving animals since



# 1987

**Voice For Animals (VFA)** is grass roots, non-profit and no kill organization established in 1987 and headquartered in York, Maine. We believe that **all animals matter and deserve compassion, comfort, happiness, and respect.** Our primary goal is to give them a VOICE. We work to eliminate animal suffering and overpopulation, to educate the public, and to promote sensitivity and caring toward all animals.

## Vegan Recipe

**Veganism** is both the practice of abstaining from the use of [animal products](#), particularly in diet, and an associated philosophy that rejects the [commodity status of animals](#).<sup>[9]</sup> A follower of either the diet or the philosophy is known as a *vegan*.

**Vegetarianism** is the practice of abstaining from the consumption of [meat \(red meat, poultry, seafood, insects](#) and the [flesh](#) of any other [animal](#)), and may also include abstention from [by-products of animal slaughter](#).

Tempeh Sandwich from:  
[everydayveganrecipes.com](http://everydayveganrecipes.com)



### Ingredients (2 sandwiches)

- 1 piece of Tempeh, carefully cut in half lengthwise to make it thin
- Drizzle olive oil
- Sprinkle of cumin, garlic powder, onion powder and salt
- 2 pieces Romaine lettuce
- 1 tomato, thinly sliced
- 1 thin slice off of a red onion
- 4 pieces of your favorite bread (we love sourdough and rye)
- Vegan mayonnaise

### Method

Warm a non stick pan to medium-high heat.

Carefully cut the Tempeh in half lengthwise to make it two thin pieces.

Drizzle both sides of the Tempeh with Olive oil and sprinkle with cumin, garlic powder, onion powder, and salt.

Put your Tempeh slices on the non stick pan and let cook for 3-4 minutes on each side.

Clean and rip your lettuce to be about the size of your bread.

Thinly slice the tomato and red onion.

Spread vegan mayonnaise on your bread and layer your vegetables on the bread. We like to layer the lettuce, then onion, then tomato to keep the bread from getting soggy.

Top your vegetables with the Tempeh and put your sandwich back on the non stick pan to toast the bread. Toast on each side for about 2 minutes, until golden brown.

## Vegetarian Times

For vegetarian recipes, visit:  
<http://www.vegetariantimes.com>



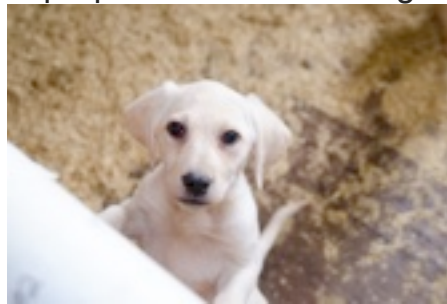
## BREAKING NEWS: ASPCA Assists in Rescue of Nearly 50 Labradors from Substandard Breeding Facility- shared from ASPCA.org



Acting at the request of the Pierce County Sheriff's Office, ASPCA responders are on the ground in Elmwood, Wisconsin, assisting authorities in the removal of nearly 50 yellow Labradors from a substandard, unlicensed breeding facility. [The 35 adults and 13 puppies were discovered living indoors in small, filthy travel crates, with no access to food or water.](#) "What we saw here is no way for a dog to live," said Kathryn Destreza, Director of Investigations for ASPCA Field Investigations and Response. Numerous deceased animals were also found on the property.



This investigation began when authorities received complaints of neglect at the facility, and after warrants were served, the facility's owner was booked into the Pierce County jail for mistreatment of animals, not providing proper food to confined animals and improper animal sheltering.



All 48 dogs have been transported to Animal Humane Society (AHS) in Golden Valley, Minnesota, where ASPCA and AHS veterinarians will provide them with the medical treatment they so desperately need until custody is determined by the court. The ASPCA is collecting forensic evidence and providing legal support to strengthen the case and ensure the best legal outcome for these animals.

## HSUS News:

The HSUS of Maine:

Great news for horses!!! The House Appropriations Committee approved an amendment that will prevent the use of American tax dollars for the cruel slaughter of horses of U.S. soil.

Please take a moment to thank Rep. [Chellie Pingree](#) for her vote in support of the Farr-Dent Amendment. You can contact her DC office at 202-225-6116 or send an email through her website at <https://pingree.house.gov/contact/email-me>.

The HSUS of New Hampshire:

Breaking news! Because of your advocacy, the NH Fish & Game Commission has WITHDRAWN the proposal to hunt and trap bobcats!!! The Granite State's bobcats are safe again because of your commitment to wildlife advocacy. Thank you all for your incredible persistence to fight a system that worked against these beloved animals.

## HSUS Links:

<http://www.humanesociety.org/about/state/maine/>

[http://www.humanesociety.org/about/state/new\\_hampshire/](http://www.humanesociety.org/about/state/new_hampshire/)





ONE question can save a cat's life-  
by Margie Scherk DVM, DIP ABVP-  
drandyroark.com

“What is the single most important question to ask at every feline office appointment? I imagine that you may have several, depending on the circumstances or maybe on your experiences. But I think there is one question that needs to be asked at every non-emergency (or euthanasia) appointment.



Let's run a sad but familiar scenario. Susan comes in with her cat, Mouser. She is upset because Mouser has been urinating in the house and both she, and her partner Brian, have had enough of it. She is angry at Mouser and doesn't understand why he is doing this. Is he punishing them? They give him a good and loving home, he gets fed good food...Susan is frustrated and angry. She resents being put into a situation where she has to choose peace and harmony and a nice home over her cat. But, here she is, and she sees her only option as “getting rid of” Mouser.

You ask when she first noticed Mouser peeing in the house and she tells you that it was about eight or so months ago. “How often is he peeing inappropriately?” “Several times a week,” she says, “with it happening more often lately.” You find out that the problem is mostly manifested as spraying rather than horizontal voiding. “What was the final straw, the point that pushed you over the edge with this,” you ask and she replies that his spraying on her partner's vinyl records and peeing on his sports bag last night did them in. She figures

it was about the 71st time he had sprayed.

After this, you perform a physical exam, collect urine for a urinalysis and give Susan's family a “time out” from Mouser by boarding him at the clinic while you try to ascertain if there is a physical cause before addressing stressors in the home that may be the source for Mouser's anxiety. But sometimes, it is too late for the clients to allow the perpetrator back into the home: the bond has been broken.

Shelters work hard to find forever homes. We want to help keep these cats IN their homes, rather than have them bounce back to the shelter or be killed. The statistics for surrender to shelter for behavior problems are sobering, especially when we, as members of the cat's healthcare team, can prevent it.



So let's replay this scenario. When did this problem start? At least eight months ago, possibly longer given the fickleness of human memory and their lack of concern at that time. Since then, there was some level of spraying that the client was able to cope and live with. It helps to identify what that allowable frequency is, because we can't guarantee that we can eliminate the behavior completely. We can address stressors and unmet needs (see [AAFP and ISFM Feline Environmental Needs Guidelines](#)), we can consider pharmacological and pheromonal therapy, and, with an engaged family and clinic team, there will generally be a happy ending.

[The statistics for surrender to shelter are sobering, especially when we can prevent it.](#)

But did it ever have to go this far?

What if, at every visit, we asked one simple question: “***Has your cat urinated or defecated somewhere in the house other than in the litter box?***” If we ask this question as part of every visit, we can pick up the problem before it becomes a problem ... for the clients. We can pick it up on the first or 4th or 15th or 70th occasion, rather than on the 71st when it has tipped the scale of tolerance.

Cats do not spray out of spite. There is always a reason. It may be medical (idiopathic cystitis, arthritis, diabetes, etc.), or it may be a manifestation of distress due to unmet needs that the client isn't aware of. (See [AAFP and ISFM Guidelines for Diagnosing and Solving House-Soiling Behavior in Cats](#))

All of this needs to be discussed and carefully evaluated, but you have a better chance of helping Mouser, before the client's fuse has burnt out.

So let's do it. Let's start making this question part of every visit: “Has your cat urinated or defecated somewhere in the house other than in the litter box?” I'll bet we can save lives and improve happiness.”

What an excellent article written by Margie Scherk DVM, DIP ABVP. Euthanizing a cat due to inappropriate urination is so very hard to begin to understand. Unfortunately, it happens all too often. How can you make a difference? Keep your cat up to date with their annual examinations with your vet and be truthful about any changes you notice no matter how big or small or significant you feel they are.

## ADOPT:

Molly is a gentle soul, sweet and submissive. She responds well to a calm environment and a gentle touch. Once her trust has been gained she will blossom into a wonderful companion. She will respond eagerly to her name, seek to be close and begin to purr.

Molly has excellent litter box habits.

She prefers the company of women but would adapt well in a quiet adult home.

For more information on gentle Molly please email:  
[in2catz@gmail.com](mailto:in2catz@gmail.com)

Ben is a handsome and affectionate senior kitty. He was given up because his owner lost his job and had to move to a place where he could not take his beloved companion of 10 years. Ben has lived in his foster home for almost 2 years and has been a gracious guest. His only complaint is he can't get enough attention from his foster mom. Ben would like to live out his senior years with someone who can spend time cuddling with him and giving him the time and attention he deserves. Please email Voice for Animals for more information on this love of a cat:  
[in2catz@gmail.com](mailto:in2catz@gmail.com)

More VFA cats can be found at:  
[https://www.petfinder.com/pet-search?shelter\\_id=NH112](https://www.petfinder.com/pet-search?shelter_id=NH112)



## ABOUT CUTIE BOY CARSON

Cutie Boy Carson is a sweet boy who was supposed to be returned to a feral colony after being neutered. He is so sweet and mellow, it is obvious he does not belong in a feral colony. Cutie Boy belongs in a home where he can get love and attention from people and other cats. He likes to be petted, loves to play and gets along well with other cats. He is just about a year old, neutered and up to date on vaccinations. He is still shy with strangers and may take a little longer to acclimate than some cats but you will find that he is well worth the time. He would do best in a quiet, adult only home or one with older(13+) children. For more information please email: [in2catz@gmail.com](mailto:in2catz@gmail.com)

Tulip is a beautiful and petite girl. She is about 1 year old, weighs only 5 pounds and was part of a colony that VFA is working to trap-neuter-return. While Tulip was being held to recover from surgery it quickly became apparent that she belonged in a home with people and not a candidate to return to the colony. Tulip was communicating with meows, coming to the front of the cage and rubbing into her foster mother's hand by the second day of being with her. She is still shy and tends to hide until she determines it is safe to venture forward to meet someone new. Tulip would be fine as an only cat since she is more interested in human affection than her cat companions but, with proper introductions, she should get along with other cats and with dogs. A quiet adult home or one with older (13+) children would be best for this pretty, little girl. For more information on Tulip please email:  
[in2catz@gmail.com](mailto:in2catz@gmail.com)

We come across too many underweight and/or pregnant feral cats during 0 degree temps and it is a difficult sight to see. We do everything that we can to provide food and shelter to them. We could

use the following items for the upcoming months:

- Towels
- Blankets
- Boxes
- Traps

- Food Bowls



## How can you help?

*Volunteer! Foster!*

*Fundraise!*



We are always looking for volunteers to enable to continue growing and reaching our goal of having our own shelter / property in the future.

Please contact us if you are interested in helping with setting up:

Silent auction  
Rabies clinic  
Photography

Newsletter articles  
Fundraisers

Foster

Feral Feeding-  
Station

Event Staffing

Network/Marketing

## Online Fundraisers:

[www.crowdrise.com/  
voiceforanimalsinc](http://www.crowdrise.com/voiceforanimalsinc)

[http://  
www.gofundme.com/  
voiceforanimalsvfa](http://www.gofundme.com/voiceforanimalsvfa)

