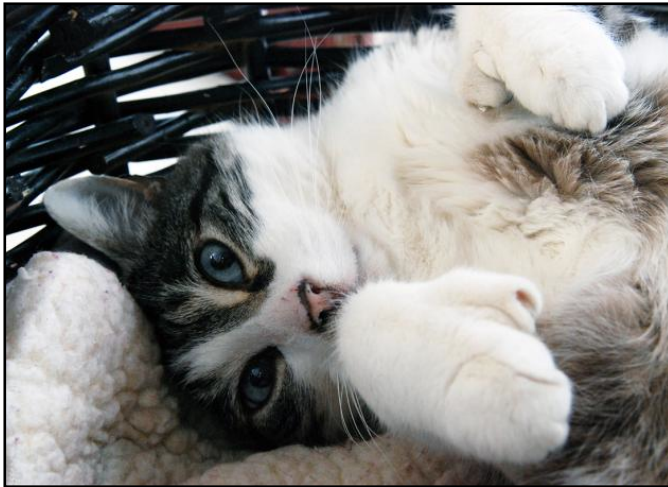




*Voice for Animals (VFA) is grass roots, non-profit and no kill organization established in 1987 and originally headquartered in York, Maine.*



## PRESIDENT'S MESSAGE

Dear Friends,  
We have indeed said goodbye to a long, very cold winter. Some of the animals VFA rescued are pictured here. They are the lucky ones, but there were many, many we could not help because we simply do not have the facilities or foster volunteers to house them. This MUST change; our mission is to cover a far wider area. Only with your help- your commitment to VFA can we do so. We also need to open our doors to dogs from the South and the farm animals right here who are in need, as well. Won't you help us? A money donation or a gift of time and talents would catapult us light years into the future.



Anne Morrow Lindberg best expressed how we feel about the animals who need us RIGHT NOW: *Suffering-no matter how multiplied is always individual.* How true that is! How much each one of these animals needs us! Please help us to become the sanctuary for all animals that we envisioned when we wrote our mission statement twenty-seven years ago. Please add your voice and your energy to our cause. The animals will thank you.

Caryl McIntire Edwards  
President/Founder

Voice for Animals

### In This Article:

2. Monthly Reflection
3. Vegan Recipes
4. Volunteer, Donate, Fundraise
5. Success Stories
6. Adoptable Animals
7. A Look at HSUS news
8. Kid's Corner!



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REFLECTING ON MAY

Voice for Animals currently has many cats and kittens under its care all with various personalities and stories.

We had a very harsh winter with too much snow and many pregnant cats. We are still aiding winter's pregnant cats and their kittens for whom we provided shelter and safety for.

We are all working hard to network and promote VFA and establish a larger volunteer group. With more volunteers on board, VFA can attend more fundraising events, rescue more animals, and get our compassionate message out to more people.



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VFA WISHLIST

For those of you who would love to help V.F.A. but are not sure how, here are some items that would help us greatly:

- Donations
- Foster homes
- Walmart/Petco gift-cards
- Cat litter
- Cat food (canned/dry)
- Towels
- Cat blankets/beds

- Cat litter boxes
- Cat carriers/crates

If you would like to donate to V.F.A., please contact us on our Facebook page: Voice for Animals Inc.



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**“A dog is the only thing on earth that loves you more than you love yourself.”**

***Josh Billings***

## Couscous with Olives and Sun Dried Tomato

Original recipe makes 4 servings

- 1 1/4 cups vegetable broth
- 1 1/4 cups water
- 2 cups pearl (Israeli) couscous
- 1 pinch salt
- 1 pinch ground black pepper
- 5 tablespoons olive oil, divided
- 1/2 cup pine nuts
- 4 cloves garlic, minced
- 1 shallot, minced
- 1/2 cup sliced black olives
- 1/3 cup sun-dried tomatoes packed in oil, drained and chopped
- 1 cup vegetable broth
- 1/4 cup chopped fresh flat-leaf parsley



### Instructions

- 1 Bring 1 1/4 cup vegetable broth and water to a boil in a saucepan, stir in couscous, and mix in salt and black pepper. Reduce heat to low and simmer until liquid is absorbed, about 8 minutes.
- 2 Heat 3 tablespoons olive oil in a skillet over medium-high heat; stir in pine nuts and cook, stirring frequently, until pine nuts smell toasted and are golden brown, about 1 minute. Remove from heat.
- 3 Heat remaining 2 tablespoons olive oil in a saucepan; cook and stir garlic and shallot in the hot oil until softened, about 2 minutes. Stir black olives and sun-dried tomatoes into garlic mixture and cook until heated through, 2 to 3 minutes, stirring often. Slowly pour in 1 cup vegetable broth and bring mixture to a boil. Reduce heat to low and simmer until sauce has reduced, 8 to 10 minutes.
- 4 Transfer couscous to a large serving bowl, mix with sauce, and serve topped with parsley and pine nuts. **Author: All Recipes.com**

## Vegan Spicy Bean Salsa

Serves: 4 cups

### Ingredients

- 1 (15 ounce) can black-eyed peas
- 1 (15 ounce) can black beans, rinsed and drained
- 1 (15 ounce) can whole kernel corn, drained
- 1/2 cup chopped onion
- 1/2 cup chopped green bell pepper
- 1 (4 ounce) can diced jalapeño peppers
- 1 (14.5 ounce) can diced tomatoes, drained
- 1 cup Italian-style salad dressing
- 1/2 teaspoon garlic salt

### Instructions

- 1 In a medium bowl, combine black-eyed peas, black beans, corn, onion, green bell pepper, jalapeño peppers and tomatoes. Season with Italian-style salad dressing and garlic salt; mix well. Cover, and refrigerate overnight to blend flavors.

*Author: All Recipes.com*



VOICE FOR ANIMALS NEEDS YOU!



V.F.A WILL BE  
ATTENDING YORK DAYS IN  
MAINE!

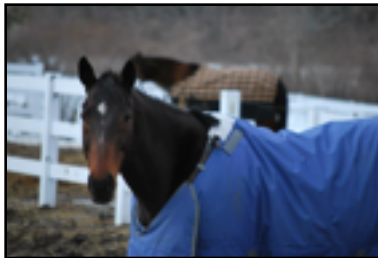
VFA is looking forward to meeting our supporters and spreading our compassionate message.

We currently need volunteers with various skills:

- Applying for grants
- Fostering
- Newsletter assistance
- Event participants

We are still going strong with our online fundraisers found at:

[www.crowdrise.com/voiceforanimalsinc](http://www.crowdrise.com/voiceforanimalsinc) and  
[www.gofundme.com/voiceforanimalsvfa](http://www.gofundme.com/voiceforanimalsvfa)



Check out our CafePress store:



<http://www.cafepress.com/voiceforanimalsinc>

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SHELTER PROJECT ASSISTANCE:

*Voice for Animals Inc. is looking forward to acquiring a shelter so it can help more animals in need. We do need animal lovers with hands on experience of fostering and caring for animals but we also need volunteers with experience in writing grants. Applying for grants will continue to help us towards obtaining property of our own. We also need volunteers who can participate at fundraising events. We hope to attend as many summer events/markets/festivals as possible but can only do so with the help of volunteers.*

*Voice for Animals also needs participants and authors for our monthly newsletters. If you think you have what it takes to be a VFA volunteer, you can reach us on our Facebook page, website or at [olivia.chasse@yahoo.com](mailto:olivia.chasse@yahoo.com)*

The cat could very well be man's best friend but would never stoop to admitting it. ~Doug Larson

## SUCCESSFUL ADOPTIONS

*We just love hearing about how well our adopted kitties are doing in their new homes!*

*It reminds us that no matter how hard the work can be, it is always worth it.*

*Chanel is doing wonderful in her home and loves playing with the family dog and teasing the senior cat in the house.*

*We continue to hear from Mia's new family (formerly Jasmine) and we are just so thrilled to get such excellent news. Mia is now able to show a side of herself that she never had the chance to do. She is inquisitive yet very affectionate. She loves her family and snuggle time and enjoys exploring!*

*Sylvie is approaching her second birthday. She was rescued when she was 3 weeks old and a USMC Marine fell in love with her the second he saw her. They are extremely bonded and enjoy playing fetch together.*

*Do you have a success story to share of your VFA cat/kitten? We would love to hear! Please send your story to: [olivia.chasse@yahoo.com](mailto:olivia.chasse@yahoo.com)*



“The greatness of a nation and its moral progress can be judged by the way its animals are treated.”—  
Mohandas Karamchand Gandhi

IN THE SPOTLIGHT:



Cookie was abandoned and pregnant at an apartment complex this cold winter. She delivered her babies at the end of February and used her maternal skills and resourcefulness to keep

them all alive during the frigid temps that we had. A kind neighbor fed them and alerted us to the situation. We took the whole family in last week and are just putting the kittens up for adoption. Cookie was spayed this week and is being assessed for adoption. Her kittens are

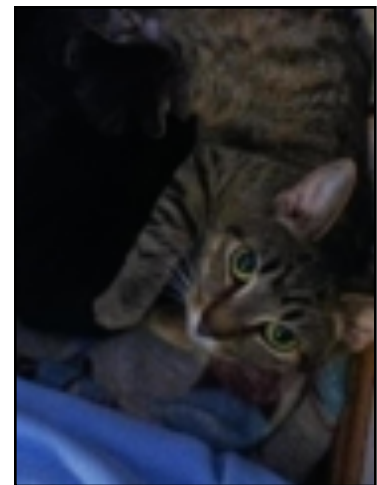
adjusting like little troopers. Although shy and timid, they are really starting to relax and play like little imps. We are looking for homes that would consider taking a pair of them or have a cool resident cat that will take one or two of them under their tutelage. A couple of them really like being petted, and a couple are still wiggly worms. We are pleased though with their progress as they have come far in just a week. These kittens are about 8 weeks old.



Saphira was seen on Facebook, very pregnant and being given away free so anybody who wanted her could have "pick of the litter". We took her and let her have her kittens in a safe and loving foster home.



Her kittens have now gone to their forever homes and Saphira is available to find her special home. She is friendly, but reserved. We know she really will blossom in her new home. If you are interested in finding out more about our lovely Saphira,



please email us at [in2catz@gmail.com](mailto:in2catz@gmail.com).

## HSUS UPDATES- MAINE

Governor Pat McCrory has vetoed the so-called "ag-gag" bill, saying it doesn't adequately protect honest employees who uncover criminal activity.

The bill would allow business owners to sue employees who secretly record happenings at work.

Animal rights groups have used secret records in the past to expose workplace wrongdoings and mistreatment.

McCrory says while he supports the purpose of the bill, he feels there isn't enough protection in the law for honest whistle-blowers. "I am concerned that subjecting these employees to potential civil penalties will create an environment that discourages them from reporting illegal activities," McCrory said in a statement. Animal rights groups were quick to praise the governor's veto.

"The North Carolina legislature should stop wasting time and taxpayer money by repeatedly introducing unconstitutional bills that would sweep evidence of criminal activity under the rug. Instead, the legislature should be focused on strengthening the state's animal cruelty laws and providing greater incentives to whistleblowers," said Nathan Runkle, president of Mercy For Animals.



## Tennessee Legislature Passes Bill to Increase Animal Fighting Penalties

By overwhelming majorities, the Tennessee General Assembly has sent legislation to Gov. Bill Haslam that significantly strengthens penalties for attending an animal fight or bringing a child to an animal fight. Tonight's 90-2 vote in the House follows a 24-1 Senate vote last month, marking the end of a seven-year campaign to strengthen penalties for animal fighting in Tennessee.

Leighann Lassiter, Tennessee state director for the Humane Society of the United States, issued the following statement:

"The General Assembly has spoken loud and clear, and the message is: Tennessee will no longer be a refuge for anyone who sets animals against each other in fights to the death. Sen. Ketrone and Rep. Lundberg and 112 of their colleagues have made our state a more humane place with their good work."

The Southern Baptist Convention's Ethics & Religious Liberties Commission and Sevier County Sheriff Ronald Seals supported the bill and were instrumental in securing passage of the legislation.

Retriever  
Spaniel  
Shepherd  
Collie  
Labrador  
Corgi  
Boxer  
Poodle  
Mixed  
Pug  
Setter  
Pointer



Z F X R O F Q R B E H E I B S  
B H F E X A E O I G M R H H X  
W W Z T L R X L K S U F E T P  
J X V N X E L Y W E K P V F K  
S G F I R O R R K I H V J X M  
X E Z O C V E O D E X I M H E  
H C T P L B T F R P O O D L E  
Q Z Z T V E R D R N U K I R B  
I M R Y E Q I R O D A R B A L  
C B N P Z R E N I K L P L N B  
O X G Z W Z V Q A J T O J T Z  
R D E Z L I E G I P D M K A T  
G T M L U Z R V H Q S I F E D  
I S V I C W P Q L I Y W J Y I  
H R M N J Q M Z R W N F K M I